Bernardo Bay Trail Information and Map

Thanks for your interest in joining us for our Trail to Bay Challenge hike at the Bernardo Bay Trail!

Please see below for more information on the site location and details.

Program description: Join us for a twilight bat hike in the beautiful Bernardo Bay area near Lake Hodges. Guides from San Dieguito River Valley Conservancy and the Living Coast Discovery Center will lead a bilingual (English/Spanish) hike, where we will explore the mysterious world of bats and learn about their important role in our ecosystem! Don't miss out on this unique opportunity to connect with nature and discover the wonders of the night sky.

Meeting Location: We will meet at the parking lot at 19140 W Bernardo Dr, San Diego, CA 92127, near the Piedras Pintadas Trailhead and the entrance to the Bernardo Bay Trails. Look for the large flag with the Trail to Bay Challenge logo!

Driving directions: Take I-15 N. Take exit 26 and turn left toward W Bernardo Dr in San Diego. Follow W Bernardo Dr until you reach the parking lot. Turn right into the parking lot and staging area.

Suggested parking: Parking is available at the trail parking lot.

Restrooms and Water: A portable toilet may be available. No water stations are available on the trail. The nearest indoor restrooms will be in the park down the street. Please plan accordingly.

Program Time: Our program time will vary based on sunset time. Please check the hike listing and registration page on theliving coast.org for the correct hike times!

Hike lengths: This hike is about 2 miles and <u>easy to moderate</u> in difficulty. The trail is mostly flat but does include some rocky terrain/erosion and some uphill portions.

Program Supplies: Please make sure to wear comfortable clothes and shoes for hiking. Living Coast staff will be wearing head lamps but bringing a flashlight is highly recommended. Please bring water and bug protection!

